10 Habits of Highly Effective Students

Helping to prepare for midterms/finals
1. Don't attempt to cram all your studying into one session.
   - Divide time equally between subjects
   - Don’t cram for hours the night before a test
2. Plan when you're going to study.
   - Set aside a study area
   - Teenagers typically are more focused when they have an organized study area to do their homework

3. Study at the same time.
   - Don’t study after 11:00 pm
4. Each study session should have a specific goal.

Examples:

- Understand the stages of meiosis/mitosis
- The significance of the Reign of Terror & French Revolution
- How to solve a Quadratic Equation
- Understanding *The Odyssey*
5. Never procrastinate your planned study session.
   - **Stick to it!**

6. Start with the most difficult subject first.
7. Always review your notes before starting an assignment/studying.

- Read; reread; **and highlight your notes**
- Summarize; **read your notes out loud (this helps with memory)**
- **Outline** or make a graphic version of written work (lists, columns, Venn diagrams, etc.)
- Look over previous tests/quizzes
- Review Study Guides
8. Make sure you're not distracted while you're studying.
9. Use study groups effectively.

- Have a study-group. It can improve your retention, and help fill in your learning gaps. In addition, study groups can bring a much-needed element of fun to the learning/study sessions.
10. Review your notes, schoolwork and other class materials over the weekend.

**Study 10-15 minutes a day**
- Get in the habit of studying each day for just a few minutes to help keep the material fresh in your mind.

**Increase study time a week before exams**
- Increase your review time for each class by twenty minutes or more.

**Review both orally and in written form**
- Reviewing the information in different ways helps your brain retain it better.
*Remember to drink enough water*

- When preparing for exams or taking tests, students benefit from drinking water. While it sounds trivial, research suggests a well-hydrated brain can function at a more optimum level.
Exams are worth 10% of the overall grade.

Q1: 20%
Q2: 20%
Q3: 20%
Q4: 20%

Midterm: 10%
Final: 10%

IF YOU DO NOT STUDY
YOU SHALL NOT PASS!
Mid Term Exam Schedule
1/18 - 1/24

Friday, 1/18 (Full Day)
Exams 3 and 4

Tuesday, 1/22 (Half Day)
Exams 5 and 6

Wednesday, 1/23 (Half Day)
Exams 7 and 1

Thursday, 1/24 (Half Day)
Exam 2 and Make-Up

Friday, 1/25 (Professional Day)
NO SCHOOL
Friday - 1/18 Full Day - Day 2

Period 3 Exam (8:30-10:00)
Break (10:00-10:15)
Period 4 Exam (10:15-11:45)
Period 5 Class (11:48-1:07) {Lunch}
Period 6 Class (1:10-1:33)
Period 7 Class (1:37-2:00)
Tuesday - 1/22

Period 5 Exam (8:30-10:00)
Break (10:00-10:15)
Period 6 Exam (10:15-11:45)

HAPPY TUESDAY?
WHY WOULD YOU SAY THAT?
Wednesday - 1/23  Half Day

Period 7 Exam (8:30-10:00)
Break (10:00-10:15)
Period 1 Exam (10:15-11:45)

HAPPY FRIDAY!
OH WAIT, ITS ONLY WEDNESDAY...
Thursday - 1/24 Half Day

Period 2 Exam (8:30-10:00)
Break (10:00-10:15)
Make-up (10:15-11:45)
Bus Schedules

**Arrival:**
- Buses will do the normal morning pickup Friday-Thursday.
- Students will be here for 7:30.

**Dismissal:**
- Friday: 2:00
- Tuesday/Wednesday: 11:45
- Thursday: 10:00
  - Late Bus: 11:45